# September 2023 Actions

Choose one or more of the suggested actions to learn about

# NATIONAL RECOVERY MONTH

# LABOR DAY SEPTEMBER 4TH





Access, Equity, and Diversity (AED) Committee

To get involved, make a suggestion or ask a question, please contact Virginia Washington or Kristina Delbridge, ISFAA AED Committee Co-Chairs at:

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#### Action #1

National Recovery Month is a national observance held every September to promote and support new evidence-based treatment and recovery practices for substance abuse, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible.

Learn more about <u>National Recovery Month</u> and <u>Recovery Month Events</u>

## Action #2

Labor Day is considered a quintessential Summer holiday, a time to enjoy festivities, events, parades, etc., and an opportunity to reflect on the historical progress of the Labor movement. This weekend, check out some local events in your area, and if you are close to Indianapolis, here are some <u>Events to</u> <u>Consider!</u>

## Action #3

Learn more about the history of Labor Day in the United States by visiting the <u>U.S. Department of Labor webpage</u>.